

# SOUTH AFRICAN BOEREWORS SAUSAGE

**INGREDIENTS:** LOCAL BEEF, LOCAL PORK,  
APPLE CIDER VINEGAR, SEA SALT,  
CORIANDER, BLACK PEPPER, ALLSPICE,  
NUTMEG, NATURAL PORK CASINGS



**NO GLUTEN, NO MSG, NO NITRATES**

## Nutrition Facts

### Valeur nutritive

Per 100g / 100g

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 130	
<b>Fat / Lipides</b> 5.0 g	<b>8 %</b>
Saturated / saturés 2.0 g	
+ Trans / trans 0.1 g	<b>10 %</b>
<b>Cholesterol / Cholestérol</b> 60 mg	
<b>Sodium / Sodium</b> 470 mg	<b>20 %</b>
<b>Carbohydrate / Glucides</b> 1 g	<b>0 %</b>
Fibre / Fibres 1 g	<b>4 %</b>
Sugars / Sucres 0 g	
<b>Protein / Protéines</b> 19 g	
Vitamin A / Vitamine A 0 %	
Vitamin C / Vitamine C 0 %	
Calcium / Calcium 2 %	
Iron / Fer 10 %	