

## {COOKING TIPS}



Use a digital food thermometer for perfectly cooked Stapleton Sausage. When the sausage has reached an internal temperature of 165°F it is ready to serve.

### GREEK DONAIR

**BBQ/GRILL** Grill on medium-low heat for 25-30 minutes turning until brown

**PAN-FRY** Place a small amount of oil in pan on medium-low heat for 25-30 minutes turning until brown

**OVEN** Heat oven to 350°F placing baking sheet on middle oven rack for 25-30 minutes turning half way

### SOUTH AFRICAN BOEREWORS

Thaw completely and be careful not to overcook following BBQ/Grill tips below

### ALL OTHER SAUSAGES

Place thawed or frozen sausage in saucepan and cover with cold water

Bring to boil, turn heat down to simmer for 5-7 minutes, remove from water

**BBQ/GRILL** grill on medium-low heat for 5-7 minutes each side until brown

**PAN-FRY** Put a small amount of oil in pan on medium heat for 5-7 minutes each side until brown